

XIX Sunday of the TO
August 9 '26 – Cycle A



WALK, EVEN IF THE WATER TREMBLES

Life does not always give respite, exams, precarious work, relationships that break down, a world that screams more than it listens. And there, in the midst of the waves, Jesus does not promise instant calm, he promises companionship. "It's me" isn't a pretty phrase, it's a hand outstretched in your particular storm. You don't need perfect faith to get out of the boat, you just need to take the first step by looking at Him and not at fear. Today the Kingdom is not announced in headlines, it is announced when you support someone who is sinking, when you really listen, when you do not look the other way in the face of the pain of others. Being a witness is not having all the answers, it is not letting go of the hand of those who trust you. Dare it, water is still water, but He is still Him.

SINGING. SONG OF ELÍAS – Colegio Mayor P. José Kentenich

<https://youtu.be/BBWODMOM5CI?si=5NNYXLuNgCw0PMjw>

GODSPEL – Matthew 14:22-33

"Immediately he compelled the disciples to get into the boat, and to go ahead of him to the other shore, while he sent the people away. After he had sent her away, he went up the mountain alone to pray; at sunset he was alone there. The boat was already many stadia distant from the land, tossed about by the waves, for the wind was contrary. And in the fourth watch of the night, he came unto them, walking on the sea. When the disciples saw him walking on the sea, they were troubled and said, "He is a ghost," and they began to cry out in fear. But immediately Jesus spoke to them, saying, "Courage, it is I; do not be afraid." Peter said to him, "Lord, if it is you, command me to come to you on the water." "Come!" he said. Peter got out of the boat and began to walk on the water, going towards Jesus. But seeing the violence of the wind, he was afraid, and as it began to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and seized him and said to him, "O man of little faith, why did you doubt?" They got into the boat and the wind died down. And those who were in the boat fell down before him, saying, "Truly you are the Son of God."

TO DEEPEN THE WORD

1 Kings 19:9a.11-13a. God is present in silence and solitude.

Psalms 84:9-14. If I listen well, I hear God murmuring in my heart: love, truth, justice, and peace.

Rom 9:1-15. Paul trusts: one day, God's innumerable gifts will bear fruit.

Matthew 14:22-33. This episode takes place after the event of the multiplication of the loaves. The disciples have just gathered up the twelve baskets of what was left, after the crowd had eaten their fill. And Matthew tells us that Jesus forced them to leave the place quickly. You can ask why; Perhaps there are two reasons for doing so: the first reason is the urgency of the mission. The second: the fear of giving in to the spectacular. Whatever it is, let's see what happens in the boat: "Tossed about by the waves, because the wind was against them." Then you hear that voice as familiar and inimitable as any friendly voice. And the voice said, "Trust! It's me; do not be afraid!" Words already heard on other occasions. Words that appease. Once the fear ceases, Peter jumps into the water: "Lord, if it is you, command me to come to you walking on water." To which Jesus replies simply: "Come" And Peter, incredible as it may seem, knew how to walk on water! Why did he look elsewhere?

Let's keep the lesson, let's not look elsewhere. Peter had the only good reflection, he called Jesus and asked him for help: "Lord, save me!" "Quickly Jesus stretched out his hand, grabbed him," and Peter found himself safe. But Jesus continues: "O man of little faith, why have you doubted?" Finally, Jesus and Peter got into the boat, and the wind died down, and they all prostrated themselves before Jesus. In Jesus' voice and in his gestures, they had just recognized the one who brings peace to the world. "Verily, thou art the Son of God!" **There will still be in the lives of the disciples and in ours, other impetus, other denials, but it will be enough to humbly say "Lord, save me!" for us to find his hand outstretched.**

GOLD WITH THE WORD

"Seeing the violence of the wind," he looked away, his gaze was no longer on Jesus, he became afraid and began to sink. Have I ever had this experience? What lessons have I learned? How and with whom do I live when situations are beyond me?



TAIZÉ - NADA TE TURBE (INSTRUMENTAL)

<https://youtu.be/7YKEfplzxy0?si=eIGku5UXbgu4hMOP>

BREEZE IN THE MIDST OF NOISE

I don't look for you
in the din,
on the screen
that never falls silent.

I look for you
in the silence
that sometimes is frightening,
in the pause I avoid.

My boat
is adrift,
the wind
doesn't just come from the sea.

There are storms
without a name,
the rush,
the comparison, the emptiness.

And there,
without warning,

you appear,
walking on the impossible.

You do not ask
that I should not doubt,
you ask
that I should walk whilst
doubting.

If I sink
into my own waves,
may I know
how to cry out without shame:
'Save me.'

May my faith
not be a spectacle,
but the hand
that holds up another who is
sinking.

SINGING.

WALK ON THE WATERS - ALISBER ZAPATA

https://youtu.be/KtH_qKrTS5U?si=N9ijjQy1CNKO1xad

FEARLESS - CRISTÓBAL FONES, SJ

https://youtu.be/SghsXohCbQA?si=00R_3rO9xDJisFS6



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