

2nd SUNDAY OF LENT
1st MARCH 2026 - CYCLE A

GOING UP TO GO DOWN



SETTING

Hoy Today Jesus invites us to climb with him to a special mountain, where he reveals something incredible: his light, his glory, and his closeness to God.

In the Gospel, Peter, James, and John accompany him and witness Jesus' transformation: his face shines like the sun, and his clothes become dazzling. Moses and Elijah appear, and from heaven, a voice says, "This is my beloved Son; listen to him."

Today, God also speaks to us. He invites us to pay attention to Jesus, to trust in him, and to follow his path, especially during this Lent, as we prepare for Easter.

Let us open our hearts and allow his light to inspire and transform us.

CANTO. TRANSFIGÚRAME – IXCÍS

<https://youtu.be/0RY7oRPXgXE?si=LpFfC35jkui5ZNYK>

GOSPEL – Mathew 17, 1-9

"Six days later, Jesus took with him Peter, James, and his brother John, and led them up a high mountain by themselves. There he was transfigured before them. His face shone like the sun, and his clothes became as white as light. Just then Moses and Elijah appeared to them, talking with Jesus. Peter said to Jesus, "Lord, it is good for us to be here. If you wish, I will put up three shelters—one for you, one for Moses, and one for Elijah." While he was still speaking, a bright cloud covered them, and a voice from the cloud said, "This is my son, whom I love; with him I am well pleased. Listen to him!" When the disciples heard this, they fell facedown to the ground, terrified. But Jesus came and touched them. "Get up," he said. "Don't be afraid." They looked up and saw no one except Jesus alone. As they were coming down the mountain, Jesus instructed them, "Tell no one about the vision until the Son of Man has risen from the dead."

To delve deeper into the Word today

Gn 12,1-4. Thus begins the great adventure of faith in which the multitude of those who trust in the Lord are involved.

Psalms 32, 4-22. God faithfully accompanies those who follow Him. None of them will ever be disappointed for having trusted in His love.

2 Timothy 8-10. God calls each one of us to be, in the Church and in the world, a collaborator in his work of salvation.

Mathew 17, 1-9. "Jesus took with him Peter, James, and John, his brother." Once again, we encounter the mystery of God's choices: A little earlier, in Caesarea, Jesus had said to Peter, "You are Peter, and on this rock, I will build my church, and the gates of Hades will not prevail against it" (Mt 16:18). But Peter, responsible for this crucial mission, is not alone with Jesus; he is accompanied by two brothers, James and John, sons of Zebedee. "Then Jesus took them up a high mountain by themselves." On the high mountain of the

Transfiguration, Peter, James, and John, the pillars of the Church, are eyewitnesses to the Revelation of God, to the tenderness incarnate in Jesus: “This is my Son, whom I love...Listen to him.” This expression designates Jesus as the Messiah he is in Jewish ears, this simple phrase is a threefold allusion to the Old Testament. Indeed, it evokes three different texts that are familiar to all. Three texts and three figures: King descendant of David, Beloved Servant of the Father, and Prophet who must be listened to. It is not surprising that the Apostles were gripped by the fear that overwhelms humanity in the face of the manifestation of the Holy God. Nor is it surprising that Jesus lifted them up and reassured them: the Old Testament had revealed to the people of the Covenant that the Most High God is the God who is close to humanity, and that fear has no place in this relationship.

Gold with the word

Contemplate Jesus at the moment of the Transfiguration as the Father's beloved Son, whom we are invited to listen to. What does he say to you today? What does he invite you to do on this journey toward Easter?



PAISAJES NOCTURNOS CON GUITARRA SERENA

<https://www.youtube.com/live/BhZVtWrbWgc?si=Y0BzY71zbjT-wU8O>

FROM THE SUMMIT TO THE HEART

Lord, we climb with you
to the high mountain,
where your face shines
and calls us to listen,
to leave fear behind.

Your garments are light
that breaks through our
shadows,
and in the silence
we see your clear glory,
like the sun that awakens us.

Moses and Elijah
remind us of your path,
the Law and the Prophets
that teach us to believe
in your ever-faithful word.

Father, your voice tells us:

“This is my beloved Son,”
and we feel your embrace
that invites us to live
with faith and hope.

Jesus, touch our fear,
lift us from the ground,
show us that your light
is stronger than the darkness
and that it always guides us.

May our lives be altars
where your love shines forth,
and may our hearts hear
your message of life in every
gesture and word.

This Lent, Lord,
help us to climb mountains,
to let go of what binds us,
and to see with new eyes
your glory etched within us.

Lead us, Jesus, to your light,
make our path
a testament to your love,
and may your voice transform
us
into light for others.

CANTO. SE TRANSFIGURÓ – VERBUM DEI

https://youtu.be/nN7XPd_sbjQ?si=AYJ8aH1ARYO_-Hxr

BAJAR DEL TABOR - SALOMÉ ARRICIBITA

https://youtu.be/aYUzaLVxa_c?si=Ckw7FWHYMc_fcuy1

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