



4th SUNDAY
FEBRUARY 26 - CYCLE A



THE COMPASS OF THE INVISIBLE



SETTING

Welcome to this celebration where Jesus invites us to ascend the mountain to discover the map of true happiness.

In the face of a world that values success, power, and consumerism, the Gospel proposes a different and challenging path.

Blessed are the humble, those who suffer, and those who seek justice. This is not a promise for the future, but a commitment for today. We are called to be a humble people who do not resign themselves, who live mercy and actively work for peace.

The signs of our times ask us to see with the eyes of Jesus.

Let us begin this encounter open to the grace of the Kingdom that is already being born.

SONG: BLESSED ARE THEY WHO ARE POOR IN SPIRIT

<https://www.youtube.com/watch?v=qwSkmzw8dY8>

GOSPEL – Mathew 5, 1-12

Seeing the crowds, he went up the mountain, sat down, and his disciples came to him. And he began to teach them, saying: “Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are the meek, for they will inherit the earth. Blessed are those who mourn, for they will be comforted. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven.

Let's delve deeper into today's Word

So 2.3 - 3, 12-13. To the people under foreign rule, Isaiah, many centuries before our era, announces the marvellous restoration of their freedom. Today, Saint Matthew recalls this prophecy as Jesus begins his preaching in Galilee about the coming of the Kingdom of Heaven.

Psalm 145:6-10. Profession of faith and prayer. The Lord is the light that shines in the darkness, the hope of those who journey to the father's house.

1Co 1, 26-31. The cross of Christ is the only cause of salvation, the foundation and requirement of unity among Christians.

Mt 5, 1-12a. Let us remember that Jesus spent much of his time comforting, healing, and encouraging the men and women he encountered. In last Sunday's Gospel, for example, Matthew wrote: "Jesus proclaimed the Good News of the Kingdom and healed every disease and every infirmity among the people." If Jesus devoted time to healing his contemporaries, this means that all kinds

of suffering, and in particular sickness and infirmity, must be combated. We must not read "Blessed are those who mourn, for they will be comforted" as if crying were a blessing! Those who weep today from pain or sorrow cannot consider their situation a joy! The tears spoken of in the text are the tears of repentance. Second observation: this discourse of Jesus is addressed to people of Jewish nationality: everything Jesus tells them here they already know; it is the preaching of the prophets, and they understand it without any difficulty. As for us, if we want to understand, we must reread the Old Testament. The most important preaching of the prophets was precisely what Zephaniah tells us in the first reading for this Sunday: "Seek the Lord, all you humble of the land." And last Sunday's psalm sang: "One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life." These are the poor in heart of whom the first Beatitude speaks, those who, like us, sing at Mass: "Lord, have mercy."

I pray with the Word

The Beatitudes are the core of the Sermon on the Mount, a path to true happiness, contrary to power and wealth; they are a way of life, joy of the soul in living in God. Today I ask myself, how do I embody them in my life here and now?



**VIOLÍN, GUITARRA...PIANO – PEDER B. HELLAND
PEDER B. HELLAND - THE END**

<https://youtu.be/61wSag7khk8?si=84XXNhjWPmqmw9-n>

VIOLÍN, GUITARRA...PIANO – PEDER B. HELLAND
<https://youtu.be/Mx6xkyi5Ij8?si=mWGEMBadf0kp7kuE>

THE BAREFOOT MAP

We climb the mountain today,
not to flee the world,
but to see it through your eyes.

Your word ignites
when we look
and let reality speak.

Blessed are the poor in spirit,
those who do not rely on power
or wealth,
those who know that life is a gift
and seek you as the only way out
for the wounded soul.

Blessed are those who hunger
and thirst for justice,
those who do not resign
themselves,
those who dream of another
world
and work so that pain
does not have the last word,
so that no poverty dehumanizes.

Blessed are the meek,
those who care, those who sow
peace in small things,
those who heal with sincere
gestures and reject violence
and deceit.

Blessed are the pure in heart,
those who seek the truth,
those who live with simple
kindness
and build fraternity
in the midst of fragility.

CANTO. FELICES – PABLO COLOMA

<https://youtu.be/SDt4lmvdD8k?si=halDnOezovqU73wU>



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Blessed are the merciful,
open hands that forgive,
hearts in motion
that do not remain silent in the
face of suffering
and transform silence into
compassion.

Blessed are those who work for
peace,
even if they are misunderstood,
those who uphold goodness
when the world persecutes and
wounds,
because they trust that You
uphold it.

The Kingdom has already begun,
it is not a distant promise,
it is a shared path,
a humble people who walk
illuminated by Your grace.

On this map of happiness
we learn to walk
barefoot,
free from fear,
ready to live today
your project which is the
Kingdom.